

| | StartNr | Verein | Nat | Jg | Klasse | Zeit | (Brutto) |
|----|---------|--------------------------|------|-----------------------|--------|--------|---------------------|
| 1 | 1 | 1 Kranz, Christoph | 1463 | DJK Wißmannsdorf | D | 1955 M | 00:29.59 (00:30.03) |
| 2 | 2 | 2 Heinen, Friedel | 1455 | LG Pronsfeld Lünebach | DEU | 1955 M | 00:30.29 (00:30.34) |
| 3 | 3 | 3 Bayerschen, Johann | 1461 | DJK Wißmannsdorf | D | 1949 M | 00:32.54 (00:33.00) |
| 4 | 1 | 1 Nienke, Anette | 1476 | | D | 1968 W | 00:36.30 (00:36.34) |
| 5 | 2 | 2 Neyses, Helga | 1454 | SV Oberweis | D | 1959 W | 00:38.45 (00:38.48) |
| 6 | 3 | 3 Dreher, Gisela | 1469 | SC Bleialf | D | 1958 W | 00:40.08 (00:40.15) |
| 7 | 4 | 4 Wittling, Regina | 1458 | | D | 1948 W | 00:40.19 (00:40.22) |
| 8 | 5 | 5 Mertens, Christa | 1471 | SC Bleialf | D | 1957 W | 00:40.39 (00:40.47) |
| 9 | 6 | 6 Straßfeld, Rosemarie | 1401 | Lesepaten | D | 1951 W | 00:42.35 (00:42.45) |
| 10 | 7 | 7 Heuser, Beate | 1470 | SC Bleialf | D | 1957 W | 00:43.21 (00:43.27) |
| 11 | 8 | 8 Mayer, Bettina | 1467 | | DEU | 1969 W | 00:43.24 (00:43.30) |
| 12 | 9 | 9 Valentin, Monika | 1468 | | DEU | 1961 W | 00:43.24 (00:43.31) |
| 13 | 4 | 4 Newen, Jürgen | 1451 | SV Oberweis | D | 1964 M | 00:43.46 (00:43.57) |
| 14 | 10 | 10 Engel-Himpler, Andrea | 1452 | SV Oberweis | D | 1968 W | 00:43.48 (00:43.56) |
| 15 | 11 | 11 Lanners, Mim | 1453 | SV Oberweis | LUX | 1982 W | 00:43.48 (00:43.57) |
| 16 | 5 | 5 Markus, Leon | 1480 | SC Bleialf | D | 2002 M | 00:45.35 (00:45.53) |
| 17 | 6 | 6 Markus, Daniel | 1479 | SC Bleialf | D | 2004 M | 00:47.19 (00:47.36) |
| 18 | 12 | 12 Markus, Astrid | 1481 | SC Bleialf | D | 1975 W | 00:47.19 (00:47.38) |
| 19 | 7 | 7 Markus, Herbert | 1482 | SC Bleialf | D | 1968 M | 00:47.23 (00:47.40) |
| 20 | 13 | 13 Knauf, Renate | 1464 | SC Bleialf | D | 1957 W | 00:47.26 (00:47.38) |
| 21 | 14 | 14 Gerard, Christel | 1465 | LT Welschbillig e.V. | D | 1959 W | 00:48.20 (00:48.26) |
| 22 | 8 | 8 Wittling, Stefan | 1459 | | D | 1946 M | 00:53.13 (00:53.33) |
| 23 | 9 | 9 Bloedow, Jörn | 1462 | DJK Wißmannsdorf | D | 1974 M | 00:56.25 (00:56.45) |
| 24 | 10 | 10 Gillen, Karl | 1460 | DJK Wißmannsdorf | D | 1947 M | 00:56.50 (00:57.11) |